



STRESS

Ease Anxiety · Melancholy

Stress assists to relieve pent up tension, stress and irritability that can lead to depression, insomnia, mood swings. The effects of Whole Plant Hemp with these stress reducing Essential Oils all infused with **NRGZ™*** will help enhance your calm.

Key Benefits†

- **Cannabis Sativa (Whole Plant Hemp) Extract** – Cannabidiol (CBD) has been shown to assist a multitude of conditions and amps up the body’s endocannabinoid system (ECS). CBD can help reduce stress and anxiety. Free of the psychoactive THC. From anti-aging to improving skin ailments, Whole Plant Hemp Extract has been shown to improve your health inside and out! Chock full of phytonutrients and key components for synergy with the body’s endocannabinoid system (ECS) which plays a crucial role in homeostasis. Keep your calm with the known benefits for stress utilizing Whole Plant Hemp Extract.
- **Citrus Aurantium Bergamia Fruit Oil** – Bergamot encourages self-confidence, optimism and spontaneity. Relieves feelings of despair, self-judgement and low self-esteem and invites individuals to see life with more optimism.
- **Lavandula Angustifolia Oil** – Lavender assists in all areas of the nervous system such as nervous tensions, as well as calming and relaxing the nerves and reducing stress.
- **Pelargonium Graveolens Oil** – Geranium improves a sense of security in your mind and stress from the need to be a perfectionist.
- **Citrus Aurantium Dulcis Oil** – Sweet Orange is known for its uplifting qualities that help stimulate happiness and an easy going attitude. Inspires abundance, fosters creativity, supports a positive mood, restores physical energy and aids in transitions
- **Cananga Odorata Flower Oil** – Ylang Ylang works effectively on the emotions and will provide what you need to balance out your emotional needs, creating a deeper and more profound bond.
- **Romarinus Officinalis Leaf Oil** – Rosemary can significantly reduce cortisol levels which improves the mood and lessens the effects of chronic stress.
- **Vetiveria Zizanioides Root Oil** – Vetiver is a powerful tool against anxiety and emotional stress, helping to relax and calm the bodies reactions to overwhelming outside stimuli.
- **Majorana Leaf Oil** – Majoram I has many positive effects including calming properties..
- **Anthemis Nobilis Flower Oil** – Roman Chamomile is calming and soothing, relieving mental fatigue, nervous strain, and irritability.
- **Melissa Officinalis Oil** – Melissa contains soothing properties that make it perfect for relaxation and calming tension and nerves.

Suggested Use†

Roll directly onto skin **EXCEPT** around eyes and on sensitive skin areas.

Effective when applied to bottoms of feet and behind the ears as well.

*What are NRGZ™?

Subtle Energies enhance Alivio’s Whole Plant Hemp Extract formula. A world renowned scientist utilized the principles of quantum physics, and through a patented technology, is able to infuse “subatomic energies”, the universal life forces into Alivio’s Whole Plant Hemp Extract. The results are supercharged NRGZ™ that: •Synergistically enhance the action of the Hemp to help efficiently balance the body’s endocannabinoid system (ECS). •Improve coordination of different cell networks whose entire purpose is to help repair damage. •Subtle Energies target specific relief from injuries, pain, headaches and a multitude of inflammatory disorders and inflammation has been shown to be the primary cause of pain and disease.

Cautions†

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor’s care, consult your physician.

FOR EXTERNAL USE ONLY. Store in Cool Dry Place. Keep away from direct sunlight or high heat.

†This product is not intended to diagnose, treat, cure or prevent any disease

Ingredients Infused with NRGZ™

Citrus Aurantium Bergamia (Bergamot) Fruit Oil* (FCF), Lavandula Angustifolia (Lavender) Oil*, Vanilla Planifolia (Vanilla) Fruit Extract, Cocos Nucifera (Coconut) Oil*, Caprylic/Capric Triglyceride (RSPO Certified)**, Pelargonium Graveolens (Geranium Rose) Oil*, Cannabis Sativa (Whole Hemp) Extract, Citrus Aurantium Dulcis (Orange) Oil*, Cananga Odorata Flower (Ylang Ylang) Oil*, Rosmarinus Officinalis (Rosemary) Leaf Oil, Vetiveria Zizanioides (Vetiver) Root Oil, Origanum Majorana (Sweet Marjoram) Leaf Oil, Anthemis Nobilis (Roman Chamomile) Flower Oil, Melissa Officinalis Leaf Oil.

*Organic ** Ecocert and/or Internationally Approved



This Essential Oil Blend has been labeled with the **ToxicFree®** seal and verified by the ToxicFree® Foundation to ensure it is free from any known toxic, carcinogenic and mutagenic components. Researched down to the composition to verify no hexane, toxic solvents or toxic distillation methods are used. When you see the ToxicFree seal, you can be confident what you are using for you, your family, friends and pets is truly ToxicFree®. <http://thetoxicfreefoundation.com/>

